



Personalized Relaxation

Get back to your best self with massage treatments by Pure Body Spa. Revitalize and rejuvenate in the privacy of your room or in our Spa treatment room.

THE WESTIN
SAN DIEGO
GASLAMP QUARTER

Spa Menu

Massage Therapy

CUSTOM MASSAGE 105/50 MINUTES 145/80 MINUTES

Personalized massage including Swedish and Deep Tissue techniques to improve circulation, ease tension, and rejuvenate stressed muscles.

PRENATAL 115/50 MINUTES 155/80 MINUTES

Relax and nurture yourself and your new baby while reducing common pregnancy pain such as backaches, leg cramps, and insomnia. For your second and third trimester.

AROMATHERAPY 115/50 MINUTES 155/80 MINUTES

Essential oils are used to enhance physiological and physical well-being. The aromas balance moods, elevate spirit, stimulate regeneration of tissue and nerves.

REFLEXOLOGY 155/50 MINUTES

Target pressure points throughout the body to align energy, improve circulation, and encourage overall healing.

HOT LAVA SHELLS 125/50 MINUTES 165/80 MINUTES

This unique treatment uses natural tiger clam shells recycled from the South Pacific. The combination of deep, nurturing, penetrating heat and Swedish style massage strokes melt tension and soothe you into a deeper state of relaxation.

COUPLES MASSAGE 210/50 MINUTES 290/80 MINUTES

This massage service for two includes your choice of Custom Massages enjoyed together in our couples Spa Treatment Room.

Reservations are required and advance reservations are highly recommended. Dial extension 7124 from your guest room or call 1-619-239-2200 for spa reservations.

To avoid charges, please honor our 4 hour advance notice cancellation policy for all treatments.

As a courtesy to your Body Care Specialist, an 18% gratuity will be added to all services unless a higher amount is given at your discretion.

Our Body Care Specialists are on-call from 9:00AM – 6:00PM, seven days a week, by appointment only.